

Love Language Baskets

Teacher instructions:

Gather 5 different colors of construction paper and assign one color to each love language (words of affirmation, quality time, receiving gifts, acts of service, and physical touch).

Tell students to brainstorm at least 5 examples of ways people can care and closeness. Have students write their ideas down on a slip of colored construction paper, depending on which love language the action belongs in.

- Examples: saying “I love you” (words of affirmation); hanging out alone (quality time); bringing someone their favorite snack (gifts); helping someone study for an exam (acts of service); hand holding (physical touch).

Mix up all of the slips and redistribute them out the students in small piles at each table.

- Invite students to look through the pile and take a few slips that resonate with them and collect it for their “love language basket.”
- Encourage students to notice if one color dominates their basket, or if they have a variety of slips.
- Have each person share one example from their basket with the other students at their table.
- Encourage students to ask non-judgmental questions and practice active listening to understand what inspired their classmate to select what they did. Ex: “What does ‘X’ mean to you and what about it feels special?”



Love Language Baskets



Teacher instructions Continued:

If you have extra time, have students create questions that they could ask someone to get to know them on a deeper level.

- For instance (examples taken from The 36 Questions to Fall in Love project by Arthur and Elaine Aron): “For what in your life do you feel most grateful?” or “What do you value most in friendship?”

Have students ask each other the questions they came up with

- Encourage them to notice whether or not the exercise made a difference in how they connect with each other.