

Fill in the Blanks

Teacher instructions:

1. Provide one Fill in the Blanks worksheet to each student.
2. Instruct students to fill in the sentences with words from the word bank to create true sentences about hygiene and personal care.

Answer Key:

1. Washing hands with SOAP helps protect against germs.
2. Wearing SUNSCREEN protects skin and delays wrinkles.
3. Use MOISTURIZER to keep the skin hydrated and reduce risk of pimples.
4. ATHLETE'S FOOT is a yeast (fungus) that grows between the toes when they're sweaty making them itch and sting.
5. Washing the face twice a day helps to prevent ACNE.
6. Overdrying the hair can lead to DANDRUFF.
7. Brush teeth TWICE a day and floss ONCE a day to keep your teeth and gums healthy and breath smelling fresh.

Fill in the Blanks

Student instructions:

Use words from the word bank to fill in the blanks in the sentences below to create true sentences about hygiene and personal care.

WORD BANK

SOAP	MOISTURIZER	SUNSCREEN	TWICE
ONCE	ATHLETE'S FOOT	DANDRUFF	ACNE

1. Washing hands with _____ helps protect against germs.
2. Wearing _____ protects skin and delays wrinkles.
3. Use _____ to keep the skin hydrated and reduce risk of pimples.
4. _____ is a yeast (fungus) that grows between the toes when they're sweaty making them itch and sting.
5. Washing the face twice a day helps to prevent _____.
6. Overdrying the hair can lead to _____.
7. Brush teeth _____ a day and floss _____ a day to keep your teeth and gums healthy and breath smelling fresh.