

# Concussion + Injury Prevention Crossword



## Teacher instructions:

Pass out one copy of the Concussion + Injury Prevention Crossword worksheet to each student. Invite students to complete the puzzle using the clues on the worksheet.

## Answer Key:

### DOWN

- 1:** If you hit your head and experience any symptoms of a concussion, stop playing and get help from a **HEALTHCARE PROVIDER**.
- 4:** Listen to your **BODY** and notice when things don't feel right.

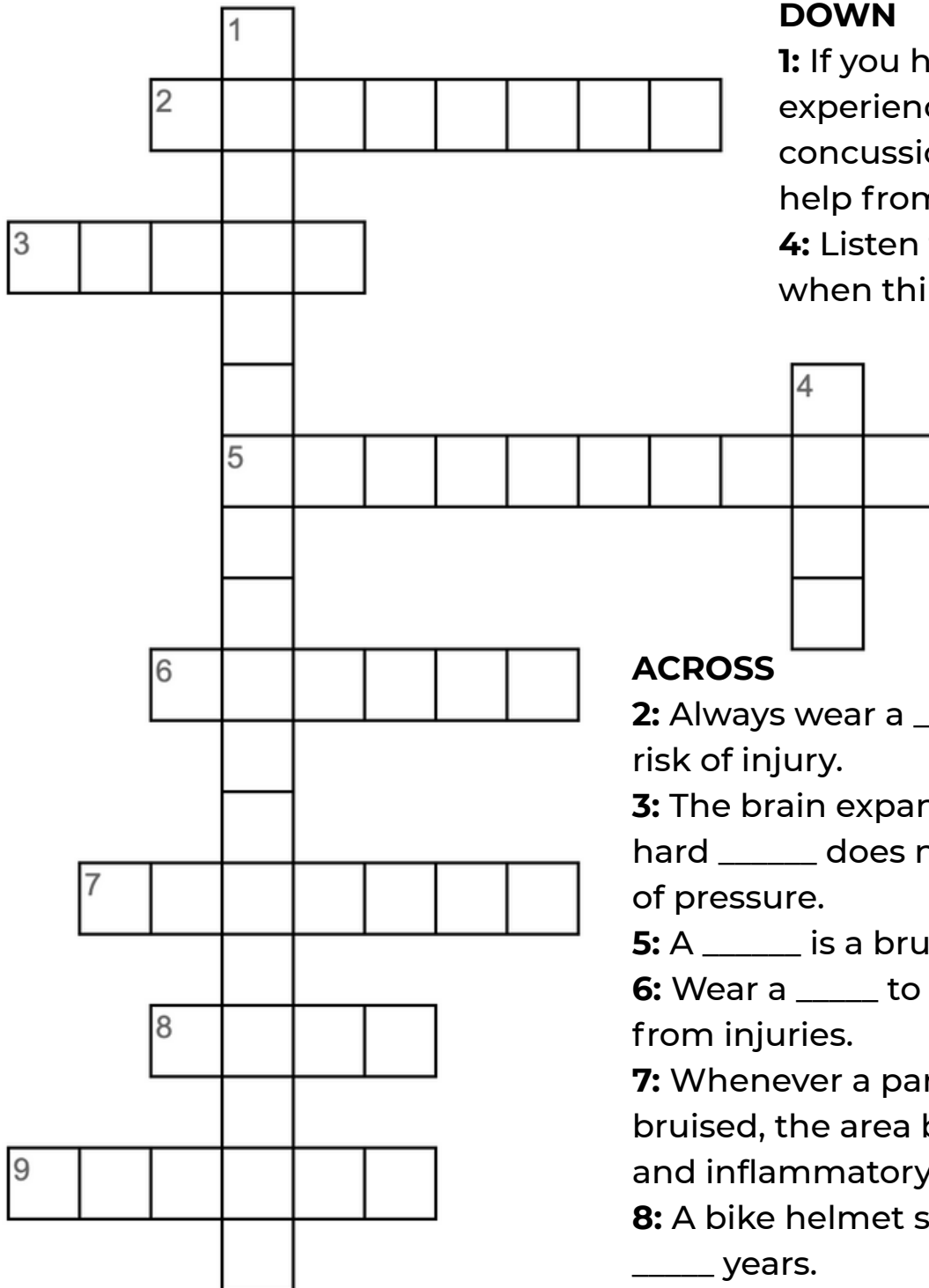
### ACROSS

- 2:** Always wear a **SEATBELT** in the car to reduce risk of injury.
- 3:** The brain expands with swelling, but the hard **SKULL** does not, leading to a build up of pressure.
- 5:** A **CONCUSSION** is a bruise on the brain.
- 6:** Wear a **HELMET** to help protect your head from injuries.
- 7:** Whenever a part of the body gets bruised, the area becomes **SWOLLEN** as water and inflammatory cells come to the area.
- 8:** A bike helmet should be replaced every **FIVE** years.
- 9:** **SAFETY** is a shared responsibility.

# Concussion + Injury Prevention Crossword

## Student instructions:

Complete the crossword puzzle using the clues below.



## DOWN

**1:** If you hit your head and experience any symptoms of a concussion, stop playing and get help from a \_\_\_\_\_.

**4:** Listen to your \_\_\_\_\_ and notice when things don't feel right.

## ACROSS

**2:** Always wear a \_\_\_\_\_ in the car to reduce risk of injury.

**3:** The brain expands with swelling, but the hard \_\_\_\_\_ does not, leading to a build up of pressure.

**5:** A \_\_\_\_\_ is a bruise on the brain.

**6:** Wear a \_\_\_\_\_ to help protect your head from injuries.

**7:** Whenever a part of the body gets bruised, the area becomes \_\_\_\_\_ as water and inflammatory cells come to the area.

**8:** A bike helmet should be replaced every \_\_\_\_\_ years.

**9:** \_\_\_\_\_ is a shared responsibility.